



THE THRIVING EMPLOYEE SERIES

Helping Employees Perform, Grow, and Stay

**Developing Employees Who Take Ownership, Communicate Effectively,
Adapt to Change, and Contribute at a Higher Level**

Your employees have the technical skills. Do they have the workplace skills to thrive?

Communication. Accountability, Adaptability, Collaboration. Self-Management.

The Thriving Employee Series equips employees with practical tools they can immediately apply to perform at a higher level and contribute more effectively to your organization.

► **Session 1 - OWN IT**

Build accountability, initiative, and person responsibility.

► **Session 2 - COMMUNICATE WELL**

Strengthen communication, feedback, conflict resolution, and collaboration.

► **Session 3 - BUILD STRONG RELATIONSHIPS**

Increase trust, teamwork, emotional intelligence, and workplace influence.

► **Session 4 - ADAPT & GROW**

Develop resilience, problem-solving skills, and a growth mindset.

► **Session 5: MANAGE YOURSELF WELL**

Improve focus, productivity, stress management, and workplace wellbeing.

Flexible Delivery Options

- 5 60-minute Lunch & Learn sessions
- 2 longer-duration workshops
- Full-day Employee Development Workshop

Build the employees every organization wants to keep.

The Thriving Employee Series develops the workplace skills that drive stronger performance, healthier cultures, and long-term success.

ABOUT INFLUENCEHR CONSULTING

InfluenceHR is an HR & Organizational Development consulting firm led by Leslie Speas, a senior HR leader with 30-plus years of deep and broad expertise. Leslie holds a master's degree, senior HR designations, and numerous relevant certifications. She is passionate about building workplaces where employees stay and thrive.



Leslie Speas

